

Hopewell Township Parks & Recreation Department Junior Bulldogs Wrestling League



- * The Junior Bulldog Wrestling Program is now in its 18th year and is staffed by coaches and parent volunteers who emphasize a recreational philosophy and provide wrestling instruction for children in grades K-8.
- * Prior wrestling experience is not required.
- * Season begins on November 6, 2018 and ends on or about February 27, 2019.
- * Practices for K-5 and 6-8 programs are held on Tuesday and Thursday nights from 6:00pm to 7:30pm in the Timberlane Middle School Auxiliary Gym. (We will relocate to the new wrestling room at the high school when ready!!) The more your child participates, the more they will learn and develop their skills.
- * Matches will be held on weekends against other teams in the Delaware River Wrestling League. Wrestlers will be paired against participants of comparable age, weight and skill level. Your child will get anywhere from 15 to 30 matches this season.



- * Equipment and Gear – head gear and wrestling shoes will be required.
- * Program fee for the Jr. Bulldog Wrestling League is \$195 per participant (\$170 for Hopewell Township residents). This fee helps cover the costs to run the program including administration, league dues, t-shirt, use of a wrestling singlet, and a year-end pizza party.
- * 6th through 8th grade boys are encouraged to join their Middle School Wrestling Team AND register for Jr. Bulldog Wrestling at a reduced rate of \$98/participant (\$85 for Hopewell Twp. resident).
- * Volunteer Commitment – The Jr. Bulldog Wrestling Program's success is based on parent/guardian volunteers to help out with home matches, setting up the gym, working at a scoring table on occasion, baking and/or selling goodies at the snack table for home matches, etc.
- * A Parent Orientation meeting will be held on Tuesday, November 20 at 6pm in the TMS Auxiliary Gym during wrestling practice.

